

LCC Session: Resource Stewardship

Facilitator Guide

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What will happen in this session?

Review of powerpoint module from Royal College 'Foundations of Resource Stewardship' together as a group, highlighting key areas that occur in your work within inpatient, outpatient, community settings.

Objectives:

- Define common terminology in resource stewardship
- Differentiate between rationing and resource stewardship
- Discuss ethical aspects of resource stewardship
- Recognize the harm associated with overuse
- Identify drivers of overuse
- Discuss strategies to improve resource stewardship
- Identify examples of overuse in pediatrics and opportunities for improved resource stewardship
- Identify Choosing Wisely recommendations specific to pediatrics

CanMEDS roles: Leader, Medical Expert

Preparation:

Facilitators – Read through the powerpoint presentation ahead of time, to ensure you understand the notes, cases and also the facilitator guide found attached

Residents and Facilitators - Read the following references prior to the session:

- Choosing Wisely Recommendations - Canadian Pediatric Society (updated August 2020) <https://choosingwiselycanada.org/paediatics/>
- Choosing Wisely Recommendations – SickKids <http://www.sickkids.ca/Paediatics/choosing-wisely/index.html> (look at all of 2020, 2018 and 2016 recommendations)
- Choosing Wisely Recommendations - Pediatric Hospital Medicine (from American Academy of Pediatrics, Academic Pediatric Association and Society of Hospital Medicine): <https://www.choosingwisely.org/societies/pediatric-hospital-medicine-shm-aap-apa/>

- Friedman J. Saying Less to the Less: Making it easier to Choose Wisely. J Peds. 184 (e1): 4-5. May 2017. <http://www.jpeds.com/article/S0022-3476%2817%2930172-5/fulltext>
- Picard A. When it comes to tests more is not always better. Globe and Mail. April 5, 2016 (updated March 24, 2017). <https://www.theglobeandmail.com/opinion/when-it-comes-to-tests-more-is-not-always-better/article29515836/>

Most resources for this LCC are from the Royal College CanMEDS Resource Stewardship Curriculum Toolkit Series, edited by Chris Hillis, Department of Oncology, McMaster. <https://www.royalcollege.ca/rcsite/canmeds/resource-stewardship-e> Some materials have been modified slightly to suit pediatric context.