

## **LCC Session: LGBTQ2SIA+ Experiences**

Developed by: **Dr. L. Guolla**

Collaborators: Dr. S. Marjerrison and A. Couillard, Human Rights and Inclusion Coordinator (HHS)

**CanMEDS Competencies:** Advocate and Communicator

**Goal:** The purpose of this workshop is to consider the diverse set of experiences and challenges faced by LGBT+ Youth, both in their day-to-day lives and within the health care system. We will examine the concept of **Intersectionality** and how it magnifies the discrimination experienced by subsets of the LGBT+ Community. We will discuss how you, as healthcare professionals, can best support and advocate for your LGBT+ patients, both on an individual and systems-wide level.

*Please note that this workshop will not focus on “the facts” of LGBT Health. If you wish a review of terminology or examples of health disparities experienced by this population, please refer to the Additional Readings and Resource List provided below.*

### **PRE-SESSION MATERIALS**

#### **1. Required Materials**

A. VIDEO – **MUST** watch at least one of the following, but ideally both

i. Jackson Bird: How to Talk (and Listen) to Transgender People (6min30s) -

[https://www.ted.com/talks/jackson\\_bird\\_how\\_to\\_talk\\_and\\_listen\\_to\\_transgender\\_people?language=en](https://www.ted.com/talks/jackson_bird_how_to_talk_and_listen_to_transgender_people?language=en)

ii. Homophobia in 2018: Time for Love (4min30s) -

<https://www.youtube.com/watch?v=anD9ZrMJT8k>

B. MAGAZINE ARTICLE - 5 ways the LGBTQIA+ Movement Fails at Intersectionality -

<https://everydayfeminism.com/2016/12/lgbtqia-fails-at-intersectionality/>

C. JOURNAL ARTICLES

i. Fifteen Minute Consultation in the Normal Child: Challenges Relating to Sexuality and Gender Identity in Children and Youth (PDF Attached) - <https://ep.bmj.com/content/102/6/298.share>

ii. Stigma and Minority Stress as Social Determinants of Health among Lesbian, Gay, Bisexual, and Transgender Youth (PDF Attached) - <https://www.ncbi.nlm.nih.gov/pubmed/27865340>

*\*\*This article is an excellent dissection of the actual pathophysiology of health disparities among minority groups. It is worth reading in its entirety; however, if you are pressed for time, please focus on these sections: 1. **Structural Forms of Stigma** (988-989) and 2. **Interventions to Reduce Stigma and Improve Health among LGBT Youth** (991-992).*

**2. Additional Readings – things to consider if you are interested**

A. ONLINE ARTICLES - *The LGBTQ+ Community is a diverse group with a diverse set of experiences. In order to address and showcase as many as possible, the following articles are provided to highlight unique issues faced by subsets of the wider LGBT+ community.*

- i. Bi-Erasure and Bi-Invisibility: <http://www.uncharted-worlds.org/blog/2014/10/three-levels-of-bi-erasure/>
- ii. Two-Spirit Health: <http://trc.journalism.ryerson.ca/reclaiming-two-spirit-health-in-toronto/>
- iii. Intersex Children: <http://www.isna.org/faq/patient-centered>

B. JOURNAL ARTICLE – *For your own interest:*

- i. What the Primary Care Pediatrician Needs to know about Gender Incongruence and Gender Dysphoria in Children and Adolescents. <https://www.ncbi.nlm.nih.gov/pubmed/27865337>
- ii. American College of Physicians – Position Paper on LGBT Health Disparities [https://www.acponline.org/acp\\_policy/policies/lgbt\\_health\\_disparities\\_2015.pdf](https://www.acponline.org/acp_policy/policies/lgbt_health_disparities_2015.pdf)

C. DOCUMENTARY: <https://tvo.org/video/documentaries/the-fruit-machine>

- i. *The Fruit Machine (TVO)* – “Directed by Sarah Fodey, this important film takes a searing look at a dark chapter of Canada’s history, a time when a campaign was waged against the Canadian LGBTQ+ community in an attempt to remove people from public service.”

### ***Resources for Providing Optimal LGBTQ2SIA-Centred Care***

The following websites are great sources for information and handouts pertaining to LGBT+ healthcare. Please feel free to explore them in your own time or as needs arise for patient care. As well, please find attached to this e-mail a handout of Hamilton-specific resources for LGBT+ youth.

1. Rainbow Health Ontario: <https://www.rainbowhealthontario.ca/>
2. Canadian Centre for Gender & Sexuality Diversity: <http://ccgsd-ccdgs.org/>
3. American Academy of Pediatrics – LGBT Resources: <https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/Pages/LGBT-Resources.aspx>
4. The Fenway Guide to LGBT Health (2<sup>nd</sup> edition): Sample Chapter - <https://store.acponline.org/eBizATPRO/images/ProductImages/Fenway%2020Sample.pdf>
5. Local Hamilton Resources: <https://www.aidsnetwork.ca/lgbtq2s-hamilton-resources>