

## LCC Session: Mentorship

### CanMEDS Competency: Professional, Leader

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**GOAL:** The purpose of this session is to recognize the importance of mentorship for professional development and career advancement. We also hope to delineate concepts relevant to mentorship, including the difference between mentorship, sponsorship and coaching.

#### PRE-SESSION MATERIALS

##### 1. Required materials:

- JOURNAL ARTICLE - Will You Be My Mentor?—Four Archetypes to Help Mentees Succeed in Academic Medicine  
[http://www.ufrgs.br/pediatria/conteudos-1/residencia/tutoria/bibliografia-1/chopra\\_will\\_you\\_be\\_my\\_mentor\\_four\\_archetypes\\_to\\_help\\_mentees\\_succeed\\_in\\_academic\\_medicine\\_jamainternmed\\_2017](http://www.ufrgs.br/pediatria/conteudos-1/residencia/tutoria/bibliografia-1/chopra_will_you_be_my_mentor_four_archetypes_to_help_mentees_succeed_in_academic_medicine_jamainternmed_2017)

##### 2. Recommended reading – things to consider if you are interested:

- JOURNAL ARTICLE – Mentorship Malpractice.  
Chopra V, Edelson DP, Saint S. Mentorship Malpractice. JAMA. 2016;315(14):1453–1454.
- JOURNAL ARTICLE REFLECTION – Medical Education and the Minority Tax.  
Cyrus KD. Medical Education and the Minority Tax. JAMA. 2017;317(18):1833–1834.  
doi:10.1001/jama.2017.0196
- JOURNAL ARTICLE – The Unwritten Rules of Mentorship: Facilitators of and Barriers to Effective Mentorship in Pediatric Hospital Medicine  
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5578603/>
- ARTICLE – the difference between mentorship and sponsorship  
<https://hbr.org/2011/10/the-relationship-you-need-to-get-right>
- ARTICLE – the five types of mentors you need in your life  
<https://ideas.ted.com/the-5-types-of-mentors-you-need-in-your-life/>