

LCC Session: Biases

CanMEDS Competency: Professional

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GOAL: *The purpose of this session is to consider the impact of your unconscious biases on how you provide medical care, and the impact of the unconscious biases of others (general population typical preference for cis-gendered, white, heterosexual, male physicians) on your working environment.*

PRE-SESSION MATERIALS

1. Required materials:

- VIDEO – please watch from at least 4 minutes onward
https://www.ted.com/talks/verna_myers_how_to_overcome_our_biases_walk_boldly_toward_them#t-83837
- QUIZ – Implicit bias testing: **must** do at least one, but ideally, all of the following:
 - Canadian-specific quizzes: race, skin-tone, sexuality, gender, weight -
<https://implicit.harvard.edu/implicit/canada/selectatest.jsp>
 - American: Arab-muslim, Native -
<https://implicit.harvard.edu/implicit/selectatest.html>
- ARTICLE - Racism toward physicians:
<https://www.theguardian.com/commentisfree/2016/mar/14/racism-is-the-elephant-in-the-hospital-room-but-what-can-doctors-do>

2. Additional reading – things to consider if you are interested:

- Implicit bias test results, scholarly article:
<https://bmcmethics.biomedcentral.com/articles/10.1186/s12910-017-0179-8>
- Cognitive de-biasing scholarly article:
http://qualitysafety.bmj.com/content/22/Suppl_2/ii58
- Systemic racism toward Indigenous patients in Canada, news article:
<http://www.cbc.ca/news/indigenous/racism-against-aboriginal-people-in-health-care-system-pervasive-study-1.2942644>
- Care for refugees, news article: http://www.huffingtonpost.ca/y-y-brandon-chen/canada-refugee-health-care_b_16806790.html
- Care for obese patients, scholarly article:
<http://onlinelibrary.wiley.com/doi/10.1111/obr.12266/full>