

LCC Session: Breaking bad news

CanMEDS Competency: Communicator

Dr. S. Marjerrison

GOAL: *The purpose of this session is to reflect on experiences you've had with delivering difficult news to families, including discussions of end of life care. We'd like to familiarize you with the HHS pediatric POST document, and consider how to broach those discussions with families. Residents will have an opportunity to practice these skills in the upcoming Communication Skills Academic ½ Day.*

PRE-SESSION MATERIALS

1. Required materials:

- VIDEO – please watch the following 2-part videos showing good/bad examples of breaking bad news to parents: While you watch, please consider these examples in the context of your own experiences, and what positive or negative lessons you've learned:
https://www.youtube.com/watch?v=qHGvjv_7PLU
<https://www.youtube.com/watch?v=IBDbFS6LUdY>
- CARTOON – demonstrates approaches to code status discussions:
<https://inkvessel.com/2017/12/14/how-do-you-discuss-code-status-cartoons-of-common-traps/>
- HHS POST – please review the attached document, and identify instances where you've seen it used in a beneficial way, and in ways that make a family's difficult times worse.
To find: go to Citrix → Order Sets → search: Code status → Pediatric Physician Ordered Scope of Treatment (POST)
- ARTICLE – SPIKES Strategy to breaking bad news:
<http://residents.pediatrics.med.ubc.ca/wp-content/uploads/2014/08/Delivering-Bad-news.pdf>

2. Additional reading – things to consider if you are interested:

- **Hear our voice:** An advanced care planning workbook for families to use with children and youth
<http://hamiltonhealthsciences.ca/workfiles/palliative%20care/HearOurVoice.pdf>
- **Pediatric starter kit:** Guide to conversations with children
<http://hamiltonhealthsciences.ca/workfiles/palliative%20care/PediatricStarterKit.pdf>

Patient's Name:

Pediatric Physician Ordered Scope of Treatment (POST)

*** This POST replaces any previous POST***

Our goal for all patients, regardless of resuscitation status, is to ensure their dignity and comfort.

Transcribe in Order Entry: Category: CODE, Procedure: CODE

Patient capable of participating in care planning: Yes No

Name of Substitute Decision Maker (SDM) if applicable: _____ Relationship: _____

Patient has written Advance Directive: Yes No Reviewed by MRP/delegate and SDM Yes No

1. Summary of goals of care (e.g. focus on comfort, focus on prolonging life, etc.)

Discussed with Patient SDM Both

2. Code status in the event of respiratory or cardiac arrest (please check one then complete Section 3):

Provide cardiopulmonary resuscitation (CPR) as clinically indicated

Allow Natural Death (AND). Do not attempt cardiopulmonary resuscitation (no CPR)

Specific resuscitation details: _____

3. Scope of treatment:

Active treatment including critical care. Intubation Yes No

Active treatment excluding critical care

Treatment to focus on palliation

4. Summary of plan: I have reviewed and discontinued previous POST

Complete all areas in signature box. Orders will not be processed without a written signature and bradma on each page

Signature: _____ Pager # _____ Date _____ Time _____
Signature/Printed Name/Designation (YYYY/MM/DD)

Co-Signature: _____ Pager # _____ Date _____ Time _____
Signature/Printed Name/Designation (YYYY/MM/DD)

Transcribed By: _____ Date _____ Time _____
Signature/Printed Name/Designation (YYYY/MM/DD)

Checked By: _____ Date _____ Time _____
Signature/Printed Name/Designation (YYYY/MM/DD)

**Copy Made For
 Pharmacy**

This POST must remain in a Greensleeve at the front of the Patient Chart

