

## LCC Session: The things that keep you up at night...

### CanMEDS Competency: Professional

Dr. S. Marjerrison

**GOAL:** *The purpose of this session is to offer an opportunity for the residents to debrief with colleagues and trusted mentors around difficult clinical encounters. These may include medical errors (or perceived errors/unclear medical decisions), tragic patient cases (including child maltreatment, horrific medical issues), issues of countertransference (when cases/patients hit too close to home or remind you of your loved ones), and the issues around the evolving impressions of tragedy over your years of practice.*

#### **PRE-SESSION MATERIALS**

##### **1. Required materials:**

- VIDEO – Medical errors  
[https://www.ted.com/talks/brian\\_goldman\\_doctors\\_make\\_mistakes\\_can\\_we\\_talk\\_about\\_that](https://www.ted.com/talks/brian_goldman_doctors_make_mistakes_can_we_talk_about_that)
- NEWS ARTICLE – Countertransference:  
<https://blogs.scientificamerican.com/unofficial-prognosis/when-a-patient-hits-too-close-to-home/>
- MEDICAL BLOG – Dealing with patient deaths:  
<http://www.idealmedicalcare.org/blog/heart-wrenching-photo-of-doctor-crying-goes-viral-heres-why/>

##### **2. Additional reading – things to consider if you are interested:**

- JOURNAL ARTICLE – Recognizing and dealing with countertransference:  
<http://bpsmedicine.msu.edu/pdf/c-physicians%20emotional%20reactions%20to%20patients,%20marshall%20smith.pdf>
- JOURNAL ARTICLE – How doctors cope with death  
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2082912/>

#### **PRE-SESSION PREPARATION**

Prior to this session, we ask that all residents reflect on one clinical situation that led you to losing sleep due to worries or invasive thoughts. Please try to write down some thoughts around the encounter – which you can choose to share or not – in any format. Consider the elements of the case that kept drawing you back. Please be prepared to share some thoughts around your case with the group.